



Course Specification

(Bachelor)

Course Title **Women health**

Course Code **MID26334**

Program: **Bachelor of Midwifery Sciences**

Department: **Nursing**

College: **Applied Medical Science**

Institution: **University of Bisha**

Version: **1**

Last Revision Date: **30 July 2023**





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A. General information about the course:

1. Course Identification

1. Credit hours: 4(4+0)

2. Course type

A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others
B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (6th level / 3rd year)

4. Course general Description:

To equip nursing students with basic theoretical knowledge and skills to provide proper care for women regarding their reproductive health including preconception care, premarital care and general gynecological care.

5. Pre-requirements for this course (if any):

NA

6. Pre-requirements for this course (if any):

NA

7. Course Main Objective(s):

This course is designed to prepare midwives with specialized knowledge and skills for providing advance quality care to women's general reproductive health.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	48	80%
2	E-learning	4	7%
3	Hybrid - Traditional classroom - E-learning		
4	Others: Interactive learning	8	14%
5	Total	60	100



3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Study lectures	48
2.	Laboratory/Studio	-
3.	Tutorial	-
4.	E-learning	4
5.	Assignments	8
6.	Others; Bb, self-learning	90
Total		150

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Explain anatomy and physiology of the reproductive system	K1	Interactive lectures	Written exam
1.2	Distinguish between normal and abnormal reproductive health	K1	Interactive lectures	Written exam
1.3	Recognize the basics for managing women with reproductive health and gynecological disorders.	K2	Interactive lectures	Written exam
2.0	Skills			
2.1	Interpret findings of Obstetric charts and tests in reproductive health and gynecological disorders and its related nursing care plan.	S2	Case scenario	Written exam
2.2	Demonstrate Obstetric and gynecological examination techniques using best available evidence.	S2	Case scenario	Written exam
2.3	Construct planning for nursing care to women with an	S1	Case scenario	Written exam



Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	obstetric problem and gynecological disorders			
3.0	Values, autonomy, and responsibility			
3.1	Dedicated for completing the assigned tasks perfectly on time.	V2	Team based learning	Presentation Assignment
3.2	Committed to consider legal aspects of writing.	V2	Team based learning	Presentation Assignment
3.3	Engage in effective teamwork with respect of ethical issues.	V3	Team based learning	Presentation Assignment

C. Course Content

No	List of Topics	Contact Hours
1.	Introduction to anatomy and physiology of reproductive system	4
2.	Urinary tract infection	4
3.	Endometriosis	4
4.	Anogenital human papillomavirus (HPV).	4
5.	Vaginitis and Pelvic inflammatory disease (PID)	4
6.	Abnormal uterine bleeding (AUB).	4
7.	Fibroids	4
8.	A(menopause)	4
9.	B(perimenopause)	4
10.	C (climacteric)	4
11.	Pelvic organ prolapses	4
12.	Stress urinary incontinence (SUI).	4
13.	adnexal mass and tumors	4
14.	Surgical Site Infections	4
15.	Osteoporosis,	4
Total		60



D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30%
2.	Mid exam: theory	6 th	20%
3.	Final exam: theory	14 th	50%
4.	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Casanova, Robert, et al. Beckmann and Ling's obstetrics and gynecology. Lippincott Williams & Wilkins, 2023.
Supportive References	Wolters Kluwer .,(2017): Essentials of maternity,new bornand womens health nursing .Fourth edition .New York.Landon .
Electronic Materials	Blackboard materials
Other Learning Materials	E- books electronic

2. Required Facilities and equipment

Items	Resources
facilities	- Classrooms - simulation rooms
Technology equipment (projector, smart board, software)	- Data show projector - Blackboard - smart board - Laptop computer - Computer based simulator
Other equipment	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students Course coordinator Program Leaders	Direct /indirect
Effectiveness of	Students	Direct /indirect





Assessment Areas/Issues	Assessor	Assessment Methods
Students assessment	Course coordinator Program Leaders Examination committee revision	
Quality of learning resources	Course coordinator Peer reviewer Examination committee revision	Direct /indirect
The extent to which CLOs have been achieved	Program Leader Course coordinator	Direct /indirect
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	
REFERENCE NO.	
DATE	

